

# Message from the Editor



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Dear Health Psychology and Behavioural Medicine Section Members,

On behalf of the entire Health Section executive, I sincerely hope your end of semester is going well despite the difficult circumstances. As I'm sure many of you can relate, one aspect of the pandemic that I struggle with is the feeling of disconnect from my colleagues – I miss chatting with colleagues about science or commiserating over the challenges of the day (now seemingly so small!). So I hope that in some small way, reading this newsletter helps you to feel a little more connected to your colleagues and serves as a reminder that we are part of a great community of health psychologists who are doing important and impactful work that improves the lives of Canadians.



So in the midst of your surely busy schedules, I hope you'll take some time to read this exciting edition of the Health Notes Newsletter. In this issue, we highlight three researchers working towards improving healthcare access and delivery: Dr. Lianne Tomfohr-Madsen whose research aims to improve mental health among pregnant and postpartum women, Dr. Justin Presseau whose recently funded project will increase access to diabetic retinopathy screening among new Canadians, and Dr. Jaime Cidro who aims to increase support of Indigenous mothers travelling to city centers to give birth. We also highlight the great work of our two most recent student recipients of the Ron Melzack Award and have included an interesting piece highlighting some of the challenges that trainees are facing amid the pandemic. Also, be sure to check out our recommendations for upcoming virtual conferences to attend in 2021. Last but not least: please see our call for nominations for the Senior Investigator Award and nominate the excellent senior researchers in your life.

Take care and stay healthy!